



Sessional Worker

Job Description

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Job Title: Sessional Youth Worker
Employer: Edinburgh Young Carers
Accountable to: Chief Executive (through Development Workers)

About Edinburgh Young Carers

Edinburgh Young Carers works with young people within the Edinburgh area aged 5 to 20 years old who care for or are impacted by somebody at home who is affected by mental, physical or sensory health challenges, or drug and alcohol misuse issues.

1. Job Purpose

To work with young people who have a significant caring role to ensure that they are provided with the support and services that they require.

Specifically, work with young carers to provide respite from their caring situation using a person centred approach.

2. Responsibilities

- Assist in the planning, preparation and running of a range of group work activities (such as trips, outings and general group activities).
- Build positive relationships with the young carers using effective communication and listening skills and pass on any relevant concerns to the Development Worker or Chief Executive.
- Engage with young carers to shape and develop the service and its activities and regularly evaluate the service we provide to ensure it meets to needs of the young people.
- Maintain confidentiality regarding the young person's personal and sensitive information.
- Attend and contribute to regular supervision sessions, team and planning meetings.
- Undertake administrative tasks including reports and records of work undertaken.
- Participate in regular monitoring and evaluation of group work.
- Carry out the duties of the post in adherence to the Equality Act 2010 which prohibits discrimination of any kind.
- Work as part of a team to ensure that the needs of the young people are being met.
- Undertake any other duties as reasonably requested by the Development Workers or Chief Executive.

3. Hours

Due to the nature of our service, this role will involve primarily evening and occasional weekend work.

4. Personal qualities, interests and skills

EYC requires sessional workers to support staff in the running of groups, ideally with experience of planning and preparing for these types of sessions. You will be able to work positively with volunteers and have skills in planning, recording, monitoring and evaluation. You will have:

- At least two years' proven experience of working with either children and young people or other vulnerable groups.
- An ability to set up and run groups and to record the progress of individuals within the groups.
- Some understanding of, and a sensitive approach towards the situations, needs and difficulties faced by young people and particularly by young carers.
- An ability to work positively as part of a team and independently, seeking support from colleagues where required
- Good listening and communication skills, both verbal and written.
- Understanding of, and commitment to the promotion of equal opportunities policies and practice.

5. Terms and conditions

- **Rate of Pay**

Sessional staff rates:

- Initial rate (0-12 months) £10.00 per hour
- Rate after 1 year £11.50 per hour

Note: sessional workers paid at the 1+ year rate will be expected to work unsupervised on occasion.

- **Hours**

Hours are arranged by negotiation (it is expected that much of the work will take place outside office hours and at weekends).

- **Supervision**

Supervision will be provided on a regular basis by the Young Carer Development Staff or the Chief Executive.

- **Duration of role** – sessional staff are employed on an as-required basis.

- **PVG Scheme** – all offers of employment are subject to and conditional upon a satisfactory enhanced disclosure through Disclosure Scotland. EYC are required to ensure that new PVG checks are undertaken regardless of whether you have an existing Scheme ID.