

Homework Vacuuming Taking your little /brother to school Hospital appointment Exam revision

Giving out medication Helping with the / wheelchair

Emotional support

4

MENU

To chat with other Young Carers or to get advice or information



contact:



**Edinburgh Young Carers Project** Norton Park | 57 Albion Road Edinburgh | EH7 5QY | t: 0131 475 2322 | e: info@youngcarers.org.uk w:www.youngcarers.org.uk

Do you have a playlist that has more work than play on it?

> Are you looking after someone in the family who is unwell or disabled?

## You might be a **Young Carer.**

You are not alone

There are thousands of Young Carers in Scotland



North West Carers (Wi Rascals) | 34 Muirhouse Crescent Edinburgh | EH4 4QL | t: 0131 315 3130 | e: marcia@nwcarers.org.uk



Broomhouse Young Carers Support Project | The Broomhouse Centre 79—89 Broomhouse Crescent | Edinburgh | EH11 3RH | t: 0131 455 7731 e: youngcarers@broomhousecentre.org.uk | w:www.broomhousecentre.org.uk